

April, 2025

www.theclb.ca

Volume 40, Issue 1

Brody's Brave Moment

See full story on page 14



Honourary Patron The Honourable Joan Marie J. Aylward, O.N.L.

Governor and Commandant Colonel Sheila Mercer

Avalon Battalion Major Justin Evans

Trinity Conception Battalion Major Wayne Lilly

Executive Director **Mr. Derek White** 

Editor Mr. Mike Barrington

Submissions bugle@theclb.ca

Special thanks to all C.L.B. members and companies who submit stories and photos to share their C.L.B. experience with everyone.



*By*: Michael Cooper, Captain Trinity East - Port Rexton Company

ugust 1–4, 2024, was Pride Weekend here in Port Rexton. This year, our C.L.B. Company was proud to be one of the community this partners for event. We were indirectly involved in the Capture the Flag event, where the Pride Committee hid over 60 small Pride flags throughout the community for people to "capture" and bring in for prizes. On Saturday morning, along with Port Rexton Recreation and Port Rexton Pride, we hosted a Picnic and Painting event for youth. First, I gave a kid-friendly explanation of what the colours of the Progressive Pride Flag represent. Then, using wooden ducks from The C.L.B. stores, everyone painted them in a rainbow of colours. After lunch, the colourful ducks were placed in the garden for all to see. A great time was had by all

261 Empire Avenue St. John's, NL A1C 3H9 Tel: (709) 754-2143 / 2173 Fax: (709) 754-2186 Toll Free: 866-754-2143



FACEY financial Planning and Consulting Inc.

STRENGTH • INTEGRITY • TRUST

Proud Supporter of the C.L.B.

Christopher H.W.Facey B.A., C.F.P., C.L.U., CH.F.C. Email: chris@faceyfinancial.com

> Aaron L.G. Facey Financial Security Advisor Email: aaron@faceyfinancial.com

# A Message of Gratitude

*By*: The Right Reverend Samuel Rose Bishop of Eastern Newfoundland and Labrador

s we reflect on another training year with The C.L.B., I am filled with deep gratitude and pride for all that has been accomplished. Our motto, "Fight the Good Fight," drawn from St. Paul's timeless words, has once again been lived out with faithfulness, dedication, and joy across our Diocese. Today, I want to offer my heartfelt thanks to everyone who has made this year successful.

To the C.L.B. members: your energy, commitment, and enthusiasm are the heartbeat of this ministry. Whether you're part of the Little Training Corps, the Young Training Corps, the Junior Training Corps, or the Senior Corps, you have shown what it means to grow as a citizen standing firm in faith and serving with courage. Your willingness to learn, lead, and support one another is a testament to the spirit of The C.L.B., and I am so proud of you all.

the Officers: То vour leadership is a gift to us all. You have given countless hours to guide, mentor, and inspire our young people, helping them to "Fight the Good Fight" in their lives and communities. Your steadfast dedication ensures that The C.L.B. remains a place where faith, discipline, and fellowship flourish. Thank you for answering this call with such grace and strength.

To the C.L.B. Battalion and Regimental staff: behind every successful year is a team working tirelessly to keep the wheels turning. Your efforts—often unseen provide the foundation for our programs, camps, and events. Your support makes it possible for our members and officers to thrive, and for that, I am deeply grateful.

And to the parents: your encouragement and support are the wind beneath the wings of The C.L.B. By entrusting your children to us, you have partnered with us in raising up a generation rooted in hope, compassion, and the Gospel. Your prayers, your presence, and your unwavering belief in this ministry have made all the difference. Thank you for standing with us.

As we look ahead, let us continue to **"Fight the Good Fight"** together, trusting in God's grace to lead us forward. May God bless each of you—members, officers, staff, and parents—for your faithfulness and love





### Summer Camp 2024 Springwood Outdoor Discovery

*By*: Karen Dawe, Captain Summer Camp Adjutant

ell, that year went fast, and now another successful C.L.B. summer camp has come and gone.

Again this year, we were lucky enough to get the same location as last year—Springwood Discovery Camp on the Salmonier Line. Both Senior Corps and Junior Training Corps were combined into one camp, led by Capt. Wayne Young (Camp Commandant), Lt. Kassandra Hibbs (2IC), and Capt. Karen Dawe (Camp Adjutant).

We had seven other seasoned officers, along with a new officer in our mess this year. O.C. Jeremy Lundrigan from the Harbour Grace/Carbonear Company is a new officer candidate and was welcomed into the fold.

At the end of the day, we had 10 Senior Corps members and 25 JTC members—an increase of eight new JTC members from last year. A new bunkhouse was added to the camp, so the girls were housed there, the JTC in the same place as last year, and the SC boys in the "boat house." This was a great setup, as the senior boys were separate from the rest of the camp, but still included at the same time.

Our program was identical to last year: canoeing, archery, air rifles, and axe throwing. The facility also ran the obstacle course, which included ziplining, rock climbing, and an elevated course. The members flew across it so quickly, it was as if they were on solid ground. Of course, all safety protocols were followed.

Canoeing was much better this year—the pond was not as rough on the day they finally got to go out, which made for a more enjoyable experience than last year.

Archery, air rifles, and axe throwing continued to produce bullseyes. In archery, each camper gets to shoot three arrows per turn. One of our campers, Andrew Goodyear, managed to get all three arrows in the bullseye. Capt. Sharpe, who has been teaching this class for many years, said that to the best of his knowledge, it was the first time that's ever happened.

Our weather this week was unreal... Although it was warm, we had more than our share of rain. With a few adjustments, we were able to run our classes but there were days when it just wasn't possible. That's when the indoor activities came into play.

**CONTINUED ON PAGE 7** 







# **Fight the** Good Fight.

ROEBOTHAN McKAY MARSHALL

PERSONAL INJURY LAW

576-CALL makethecall.ca



#### Continued: Summer Camp 2024

We managed to keep everyone occupied, though we didn't have the same space we had at Mint Brook or Lavrock.

Our sports program was next to none... too much rain made the field very wet and slippery. But we did get the opportunity to have two sports nights.

WO1 Gillian Read joined us on a couple of occasions during the day and stayed overnight on another. Col. Gail Dick and Col. Sheila Mercer also visited camp and joined us for lunch and supper—so we put them to work serving supper! That night, it was turkey with all the trimmings.

Another day, we had Rev'd Christine Lynch, Chaplain for Bay Roberts Company, and Rev'd Bill Strong, Chaplain for Foxtrap/ Upper Gullies Company, visit our camp. It was a pure delight to see our clergy showing support for our youth. Both toured the activities, with Rev'd Christine even trying her hand at archery before leaving. No bullseye, but she did manage to hit the target!

When we were finally able to take part in the obstacle course, one member was overheard saying, "This was worth the wait." Everyone who wanted to participate did—so long as they felt comfortable doing so.

Our meals, like last year, were delicious. Very little food was left over after each meal. Jennifer Peddle and her family aced it again this year. And of course, Chef Jaxon's desserts were a hit even with some help from his younger brother, Jaimeson.

On Friday, the last day of camp, the mother lode of rain came. It actually started Thursday night, just as we were about to begin our nightly program, so everything was once again held indoors. Since there wasn't enough time for sports during the week, there were no presentations of awards—a first!

We held all the day's activities inside, and in between downpours, the campers managed to get their things packed and ready for dismissal.

We had a very dedicated Camping Director and Officers' Mess at this camp—officers who went above and beyond to help when needed. We spent more time inside than at any other camp, but they made sure the campers were entertained. We also had help from the staff at Springwood.

Despite the weather, it was great to be at camp. It may not have been ideal, but it's all about the campers—not the adults. You make the best of every situation.

Looking forward to next year, no matter the location. So until then—**"Keep the Flag Flying"** 



# **Trinity East - Port Rexton**

#### 2024: A Year in Review

*By*: Michael Cooper, Captain Trinity East - Port Rexton Company

o say Trinity East - Port Rexton has been busy in 2024 is putting it mildly. Our trademark out here is that we are the go-to youth organization on the Bonavista Peninsula for helping out the community and our work is really getting noticed!

Way back in January, when temperatures dropped, we held a Family Board Night to get everyone out of the house. In February, we were out in force helping dig out the community from some monster snowstorms, and then made use of the snow for a sliding fun family night!

March began with a bowling night with Bishop John Watton and his staff, and ended with a special church service called Sounds of Holy Week.

In April, we started with our build night for The Little Free Pantry Project and finished with the TCB Spring Parade and Games Night with our local 50+ Club.

May was a super busy month! First, we were highlighted in the national Sport for Life newsletter (April edition, released May 3rd) for our work with the PL4C program, which we expanded into The C.L.B. Then came the TCB Review. Just a few days later, our seeds arrived for the community gardens we had just taken over. At the end of May, we had help from K–5 students to paint the newly repaired community gardens, and the first two of our Little Free Pantries were put in place — receiving major community support (over 600 goodwill comments on Facebook alone!).

In June, our 111th Banquet was held on the 3rd, with a special TCB Award presented for the first time! Two days later, our third Little Free Pantry was installed in Port Union, thanks to our partners at Union House Arts. On the 18th, I was one of the guest speakers at the Eastern Regional Wellness Coalition, where I had the opportunity to highlight TEPR's amazing community work. While in Clarenville, I picked up the new community garden sign, which was revealed the next day with help from Mrs. Miller's class.

In July, WO2 Cooper and I rose early to travel to St. John's for the Unknown Soldier Ceremony (we left at 4 a.m.). Even more impressive, our MHA Craig Pardy posted on Facebook at 5 a.m. that morning about TEPR/The C.L.B. and our WWI history, with a shout-out to us for traveling in. A few days later, we had special guests — CLCGB Overseas Liaison Officer Captain Terry Hissey, along with WO2 David Mercer. I showed them all our C.L.B. projects (both historical and current) around the Bight, and of course, we made sure they were well fed — starting with fresh lobster, right from the water to the pot!

In August, we were one of the partners hosting Painting and Pride, where I also gave a youth-friendly presentation on what the colours of the Pride flags represent.

September marked the beginning of a new training year and a visit from Leah Vatcher of Food First NL, who came to see our community garden and Little Free Pantry projects, and the support we give and receive for them.

CONTINUED ON PAGE 11

8





Scan the QR Code to view the TEPR feature in the Sport for Life Newsletter









Bugle

9





#### Continued: T.E.P.R. Company, 2024: A Year in Review

We also partnered with Clarenville Fruit Rescue, so fresh fruit — right from the trees will be available in the pantries when in season. Our youth spent the month test-cooking healthy pancake recipes in preparation for our Free Community Breakfast program, and our first potato pulled from the community garden was shaped like a heart!

In October, we found out that TEPR was a recipient of the Trades NL Community Giving Program! We squeezed in Challenge Camp between things, and just ten days after receiving the award, a new greenhouse was installed at the community gardens! Later in the month was our Anniversary Parade, where LTC Brody Freeman was announced as the recipient of the Gallant Conduct Medal (Silver), followed by our Poppies at the Cenotaphs program, and finally, our Halloween Party.

In November, we hosted The Great Bull Hunt to start the month. L/Cpl Collins led invited guests (The C.L.B., Girl Guides, Cadets, and the Legion), WO2 Cooper served as Acting Sgt-at-Arms for the Legion, and I was the guest speaker for the school's Remembrance Day assembly. On Remembrance Day, L/Cpl Collins and WO2 Cooper were my honour guard for the Legion service, while Pte. Freeman (and his mom) laid a C.L.B. cross at the Trinity Historical Society service.

As part of Diabetes Awareness Month, we held a training session on different types of diabetes — including a demonstration of how an insulin pump works. The following week, we were at the Bonavista Wellness Centre Community Kitchen, where dietitians Patti and Natasha helped us prepare (and enjoy!) a diabetic-friendly youth meal and explained the "free" foods of diabetes. We wrapped up the month with Generations United — a new program fostering intergenerational learning and relationships between youth and seniors. Our C.L.B. Company is the youth lead for this initiative, which includes all youth and senior organizations on the Bonavista Peninsula.

In December, we're planning to take part in the Port Rexton Tree Lighting, the Santa Claus Parade (where we'll host our annual toy drive), serve the Seniors' Supper with the Lions (or perhaps as mummers!), sing carols at local seniors' homes, attend the TCB Officer Social, witness Pte. Brody receive his medal from the Lieutenant Governor, and of course, decorate Rev. John "Sparkplug" Sparkes' home as part of our Christmas party.

That's just how TEPR rocks and rolls to **Be the Good** as we **Fight the Good Fight** 



# **One Poster, Many Stories**

#### L/Sgt. Greeley's school project joins the CLB Museum collection

Fight" CLB And The Blue Puttees

NHO

*By*: David Mercer, WO2 Brigade Archivist

weeums and archives are wonderful places of discovery. They are incredible spaces that house treasures of all sorts, remind us of special times, and can be amazing sources of information.

The materials that you will find in a museum can come from a number of different places and carry all sorts of value. Some museum objects may be considered quite valuable and highly prized. This often causes some to think that the items they have are not very important—they may lay them aside and think no more of it. For some collectors, it could be the shiny badges and medals, the trophies, the old uniforms that are the most important like a medal from 1914. This isn't always so. Sometimes, it's the small pieces of paper that can contain the rarest of information. For example, what if it were a small hand-written note outlining the results of a sports tournament and who scored the winning goal?

CONTINUED ON PAGE 13



#### Continued: One Poster, Many Stories

In addition, there are some items that people put a lot of work into—like scrapbooks, photo albums, essays, or posters—that are quite special. When we put these things together, they are important to us, and we don't often see the value they may have for other people. However, it is when we are able to share our work with others that the true value emerges. Imagine putting all that effort into something special, only to never share it with anyone.

It was after a visit to the museum that L/Sgt. Ben Greeley of Foxtrap Co. told us of a poster

that he had created for a school heritage fair. Unfortunately, because of restrictions put in place during COVID, he didn't get a chance to show it. He asked if it was something that we would like to have in the archives—and of course, we said yes! The poster created by L/Sgt. Greeley is a wonderful piece that outlines the CLB's contributions to the war effort during the First World War. This is the type of material that is incredible to have in our collection for a number of reasons. Not only does it relate our history, but it summarizes one person's thoughts about what he feels is

significant about the CLB and what he would like to share with others.

Perhaps this work done by L/ Sgt. Greeley might give you an idea for a topic that is of interest to you. If so, there may be information in the museum or archives that can help you to learn more. If you wish to view the poster created by Ben Greeley, please come by the museum where we are proud to have it on display!

Please reach out to us at **museum@theclb.ca** to learn more or to arrange a visit







### **Beyond His Years**

#### At Just Five, L/Cpl. Brody Freeman Shows the True Spirit of The C.L.B.

By: Michael Cooper, Captain Trinity East - Port Rexton Company

ou meet L/Cpl Brody Freeman of T.E.P.R. Company for the first time, you'll find a very active fiveyear-old with the biggest smile and a carefree attitude. Brody also lives with type 1 diabetes and wears an insulin pump — but that doesn't slow him down one bit.

As you get to know Brody, you'll quickly discover a child with a heart of gold, always thinking of how to help those in need. As his Company Commander, I see a child who's game for anything – bold as brass, with a smile that lights up his whole face (and a silly attitude to go with it at times!). He and his family are the kind of people who would give the shirts off their backs to help their community.

Projects like the Community Garden — where Brody carefully picked out flower seeds (they had to be bright and colourful!) - or the Little Free Pantry project (he painted, but didn't want his photo taken because he'd be famous), or "The Great Bull Hunt" (his team name: Heroes of Diabetics, his idea), all show the fun, generous spirit he brings to everything he does.

#### Then came February 26

On that day, around 1:30 p.m., at the Ultramar gas station in Bonavista, Brody saw a man collapse in the parking lot. He immediately recognized that the man was having a seizure – his brother has experienced them before, so he knew the signs. Without hesitation, Brody told his parents to call 911 and went to help. He placed the man in the recovery position, reassured him that he was safe, and stayed by his side until the ambulance arrived nearly ten minutes later. Thanks to Brody's quick thinking and calm actions, the man may have avoided serious injury - or worse.

I followed up on the event a little while later. Staff bystanders shared the and same kinds of comments:

**CONTINUED ON PAGE 15** 

14

Bugle



#### Continued: Beyond His Years

"How did someone so young know what to do?" "He saved his life." "Quick-thinking child."

But the comment that stuck with me most came from one of the medical responders: "Impressive — especially from someone so young."

As a Commanding Officer, I couldn't be prouder of one of my youth.

So how does The C.L.B. acknowledge such a remarkable act? First, I submitted a nomination for Brody to receive the Gallant Conduct Medal (Silver). The award was approved and will be officially presented by the Lieutenant Governor on December 18.

Trinity Conception Battalion also wanted to recognize Brody

in our own way. At the T.E.P.R. Annual Banquet, we presented the inaugural Lt. Ralph Cooper Unsung Hero Award — named after my father, who served 45 years as a volunteer firefighter. The award was presented by Major Wayne Lilly.

"Well done, Brody. For someone so young to do something so selfless shows your true character. The congratulations and awards you've received from your family, The C.L.B., and others are well deserved. Take great pride in what you've done." – Captain Michael Cooper, C.O., T.E.P.R.

"I was honoured to present the award to Pte. Brody Freeman at the T.E.P.R. banquet. I wasn't sure what to expect, as I hadn't met him before. After explaining the purpose and criteria for the award, I called him forward. I saw this fine little boy walk up the aisle and stand in front of me. I congratulated him, and I think I was just as excited as he was! I got down on one knee to speak with him face-to-face. He took the award — and didn't want to let it go.

After the formalities, I asked him to do me a favour: if he'd be my friend now. He gave me a big smile and said yes. I followed up by asking his mom if I could give him a hug — and he loves hugs. Later, he told Captain Cooper that I gave good hugs.

Brody, I know that as you grow older, you'll better understand the importance of what you did, and why you received this prestigious award. I'm so proud to have been a part of it." – Major Wayne Lilly, T.C.B. Commander

### Ready, Set, Go: A Dynamic Start to 2024–2025

#### New Recruits, New Adventures, Same C.L.B. Pride

#### *By*: Solange Cable, 2/Lt Foxtrap/Upper Gullies Company

he 2024–2025 training year started off with a bang for the Foxtrap/Upper Gullies Company.

We hit the ground running with many activities planned that expanded our reach into the community.

We began our training year with two open houses, one at the company level and one at the battalion level.

"We had one for our company the last week in September, then did one for the Avalon Battalion the first week of October. At the company level, we reached out to the community to inform others about what we do. We explained what the CLB is, how we help the community, and some of the fun activities we get to do. We had posters set up with lots of pictures, and we also displayed the band equipment to show that we have a band as well.

Now, for the battalion open house, we placed posters in schools to encourage students to come and see what the CLB is all about. We even had local news coverage, helping to spread the word and encourage more people to join by getting a better understanding of our activities. The CLB Museum was also open to the public that night.

I think the open house really encouraged more people to give it a try. We had a few members join because they were really interested in learning new things. I believe that holding open house nights every now and then will help slowly build the CLB back up to what it used to be." – L/Sgt Lily Tobin In the CLB, we encourage getting out and staying active. Our first company hike took place on National Truth and Reconciliation Day. During this activity, we hiked the Rail Bed in CBS and had a campfire where we remembered, reflected, and celebrated our differences.

"On Truth and Reconciliation Day, we went for a hike on the T'Railway. We couldn't have asked for better weather. It was a magnificent hike. We were able to see all along Conception Bay, and it was also the first outing for the new recruits.

Once we made it to our destination, we threw some rocks into the ocean and had a campfire.

CONTINUED ON PAGE 18







#### Continued: Ready, Set, Go: A Dynamic Start to 2024–2025

And what's a campfire without hot dogs and marshmallows? We had a snack and took the opportunity to speak about the importance of Truth and Reconciliation Day." - L/Sgt Ben Greeley

With the Thanksgiving holiday quickly approaching, Foxtrap/Upper Gullies Company helped out the Peace Keepers Association with a food drive. On a beautiful morning, we filled the army jeep with food donations and raised over \$400 in monetary donations for the food bank. Helping to support the community is what the CLB is all about!

Not every CLB activity is serious — we also take time to unwind, have fun, meet new people, and learn new things. This fall, we had two camps: the annual Challenge Camp and our own company fall camp.

"One of my favourite things about being in the C.L.B. is doing fun things like camps. One thing that my company does every year is the annual fall camp at the Old Comrades Lodge.

The many activities we do in just one weekend make it enjoyable for all ages. The JTCs and seniors arrive Friday night for group activities, a campfire (with campfire songs, of course), and bonding time.

On Saturday morning, before the LTCs and YTCs arrive, the older members do a gate run — a tradition that symbolizes our unity and readiness for the day's activities. The LTCs and YTCs do crafts, scavenger hunts, and enjoy a walk in the woods. This year's craft taught the true meaning behind Remembrance Day.

The JTCs and seniors went on a hike: a challenging yet rewarding walk in the woods, with steep inclines and beautiful scenery. Later that evening, after supper, Cpl Braxton Lockyer and I created the clues for the bull hunt, a team-building activity that encourages cooperation and problem-solving. Afterward, the younger ones got into their pajamas, brought their sleeping bags and pillows upstairs, and we watched a movie — this year, it was The Bee Movie.

In just one weekend, we did so many activities, and that's why it's one of my favourite things to do in C.L.B." – L/Sgt Lily Tobin

"Challenge Camp was a wonderful weekend at camp spent with amazing people. It was a fun-filled weekend with lots of activities.

We went on a hike to Butterpot Mountain. It was quite a challenging hike! The weather didn't want to cooperate — it was rainy and the wind nearly blew us away.

Even so, it was all worth it for the amazing view at the end. Although it was rainy and miserable out, we still had a great time and got along together — whether it was talking by the huts or playing sports at the basketball court.

**CONTINUED ON PAGE 19** 

Bugle



#### Continued: Ready, Set, Go: A Dynamic Start to 2024–2025

It was a really fun time, especially meeting up with friends from other companies. Altogether, I had a great time doing fun activities and talking to amazing people at Challenge Camp 2024!" – Jr L/Cpl Julia Greeley

The CLB has a long history with the Royal Newfoundland Regiment. We take great pride every year in participating in the local Remembrance Day ceremonies to pay our respects and honour those who have served and are still serving.

"As someone who is part of the CLB, the biggest day is always going to be Remembrance Day.

The CLB takes part in the CBS Remembrance Day Parade every year. We meet up at Sobeys and march down to the memorial outside the town hall. When we arrive, we watch the most beautiful ceremony to help remember those we have lost while they were trying to make our home safe. Each organization places a wreath with poppies and the name of their group at the foot of the soldier statue." – Pte. Madelyn Greeley

The company held its annual Enrollment Service on Sunday, November 17, 2024.

We would like to take a moment to welcome our new members and recipients of the Recruit's Badge: Nora Searle, Landon Hayward, Devin Strong, Alexa Hayward, and Kyannah Morgan.

During this service, we also celebrated several promotions and service medals:

• Promoted from Pte. to Jr L/Cpl: Julia Greeley

- Promoted from L/Cpl to Cpl: Braxton Lockyer
- Promoted from Cpl to L/Sgt: Ben Greeley and Lily Tobin
- Promoted from OC to 2/ Lt: Nadine Greeley

Service medals were awarded as follows:

• Bronze 10-Year Service Medal: Cpl Braxton Lockyer and Sgt Julia Young

Congratulations to all recipients!

Foxtrap / Upper Gullies Company had a busy start to the training year. We've completed many activities so far and have many more planned for the remainder of the year.

All members have had so much fun and have learned so much along the way.

Keep the flag flying 🧲



# What the C.L.B. Means to Me

#### A reflection on character, community, and calling

### *By*: The Right Reverend Samuel Rose Bishop of Eastern Newfoundland and Labrador

B eing part of the C.L.B. has shaped who I am today. This amazing Church group isn't just about hanging out and doing fun stuff—it's about learning important values that have stuck with me into adulthood.

Being in the C.L.B. taught me all about respect. We learned to respect ourselves, others, and the world around us. This has helped me build strong relationships and make good choices in life. Even when things get chaotic, remembering to treat others with kindness has made a difference for me. I learned this in the C.L.B.!

The C.L.B. also taught me the importance of integrity. Whether doing community service, taking on leadership roles, or just having fun together, we were always encouraged to be honest and keep our promises. This has become a big part of who I am, and it's helped me in my friendships, at school, and as a Bishop in the Church.

I took on leadership roles in the C.L.B. and worked with my friends on different projects. I learned that being a good leader means listening to others, being understanding, and inspiring everyone to do their best. These skills have helped me feel more confident in groups and in taking on new challenges.

The C.L.B. also showed me the importance of helping others. Volunteering taught me that even



small actions can make a big difference. Now, I look for ways to give back to my community—whether through volunteering or donating to charity. The C.L.B. instilled in me the value of service. The best part about the C.L.B. is the friendships I've made. We've been through a lot together, and I've learned how to work through problems, celebrate successes, and support one another. These friendships were a huge part of my younger years, and I know they've stuck with me as an adult. The C.L.B. is a good Christian family, and I'm so happy to be a part of it!

Being in the C.L.B. has had a lasting impact on who I am today. The lessons I've learned about respect, integrity, leadership, and helping others are a big part of my life now. I'm grateful for everything I've learned and the friends I've made, and I know these experiences will stay with me as I continue to grow and make a positive impact.

So, whether you're a newer member of the C.L.B. or have been around for a long time, remember that you are part of an amazing Christian family that does fantastic things in the community and in other people's lives. You are an important part of the C.L.B.—and you are "Being the Good" in God's world

20



# **Games, Laughter, and Friendship**

#### A fun-filled night with C.L.B. and the 50+ Club

#### *By*: Michael Cooper, Captain Trinity East - Port Rexton Company

hat happens when you put a C.L.B. Company (Trinity East – Port Rexton) and a 50+ Club (Port Rexton) together in a room with a ton of board games and cards? A whole bunch of silliness, serious thinkers, smiles, laughs—and just plain, good old-fashioned fun!

We had board games (Trouble, Sorry), strategy games (Battleship, Connect 4, Chess, Checkers), silliness games (Headbandz, Twister), and, of course, card games! For the next hour, C.L.B. youth and 50+ Club members challenged each other in these games, sharing smiles, laughs, and plenty of fun conversations.

Then it was break time, where we all stopped for a drink or a snack—and even more conversations between young and old. Soon, we jumped back into playing, losing track of time. Before we knew it, C.L.B. parents started arriving to pick up their children—but, funny enough, many were met with "Wait a minute, we have to finish this game!" Some parents even decided to join in! This event was a huge success—so much so that we're making it a regular thing, especially in the winter when travel is difficult. Plus, the 50+ Club has invited us to go bowling with them on May 26!

I highly recommend that all C.L.B. Companies get involved with their local seniors' groups as we continue to **Keep the Flag Flying** 



## **A Season of Service**

#### Bay Roberts Company starts strong

*By*: Karen Dawe, Captain Bay Roberts Company

ell, we are now into our training year with The C.L.B., and our Company has been quite busy since we opened on September 12, 2024. At the moment, we have 21 all ranks, with three new members joining the JTC section.

During Fire Protection Week, we visited the Bay de Grave Fire Department during their open house night. All of our members were taken on a ride in the fire truck and, at the end of the night, treated to loot bags. Circumstances didn't allow for us to have a Halloween party this year, but once again our Company was invited to attend the Mugford family bonfire. Weather-wise, it was the best on record.

There is a movie night planned for all the companies in our Battalion later this month. The JTC were busy working on their Air Rifle badge, while the SC Corps got together with other companies to do their badge program. The JTC and YTC also held a sports night at one of the local schools, where they played a game of soccer baseball and a game of dodge ball—officers versus members. And you know how that ended!

As in past years, we helped the Royal Canadian Legion Branch 32, Bay Roberts, with their Poppy Campaign.

We had 12 members really interested in helping, so we had

**CONTINUED ON PAGE 24** 

22



Volume 40, Issue 1





#### Continued: A Season of Service

to make it a three-night affair and we do quite well on these nights.

It was an honour to be invited into the schools in our area to lead the Legion and their Veterans into their assemblies. We attended All Hallows, North River, Ascension Collegiate, and Bay Roberts Primary. At All Hallows and Bay Roberts Primary, I had members carry smaller versions of the Canadian and Newfoundland & Labrador flags. At Ascension, I carried our Company Colours, with two SC Corps members as my Colour escorts. Together, we led the Legion and Veterans into the assembly. At this assembly, we were honoured to have Cpl. Frank Boe, a 96-year-old Korean War Veteran, in attendance. He served with Princess Patricia's Canadian Light Infantry and fought in the Battle of Kapyong in April 1951.

At the Anniversary Parade, Cpl. Carter Ryan, a member of Bay Roberts Company, received the Old Comrades Scholarship. Congratulations, Cpl. Ryan—we are very proud of you and your accomplishments.

We also had a visit from RCMP police dog Koas and his trainer, along with a new fourlegged recruit, Thunder, who will be joining their detachment.

We were pleased to attend the opening of the Salvation Army Happy Tree, where we donated gifts for children in need

24

## Leading by Example: The Role of Warrant Officers in The C.L.B.

Celebrating the dedication, and leadership of our top members

*By*: Michael Cooper, Captain Trinity East - Port Rexton Company

arrant Officers are a special breed. Depending on the country, service, or historical context, Warrant Officers are sometimes classified as the most junior of the commissioned officer ranks, the most senior of the non-commissioned officer (NCO) ranks, or placed in a separate category of their own.

A Warrant Officer is the highest rank a youth member can earn in The C.L.B. They must first progress through the Senior Corps ranks, passing both their Sergeant and Warrant Officer proficiencies before finally graduating the Senior Corps level and receiving their gold SC merit badge when they rank up to Warrant Officer!

These hardworking Warrant Officers are almost always involved in supporting The C.L.B.—as Company or Battalion Sergeants-Major (CSM/BSM), Regimental Sergeant-Major (RSM), flag escorts, bandmasters, band members, and even running C.L.B. sections. Their contributions are so widespread and vital that it's nearly impossible to gather all of a Battalion's Warrant Officers in one place even for major events!

At the recent Trinity Conception Battalion Social, however, we managed to gather all four of our Battalion Warrant Officers for a special photo—a rare feat indeed.

Thank you, Warrant Officers, for all the work you do in The C.L.B. to **Keep the Flag Flying** 

# **The C.L.B.'s Finest Hours**

#### Defining Moments of Bravery Through the Decades

*By*: Donald J. Sparkes, Captain (Ret.) Special Contributor

hether it be an individual or an organization, there are times when actions are taken that show the true colours of that person or group. Such examples stand out and reflect just what that person or group is actually trained to do or perform. The C.L.B., in its long history, has many individuals and groups that have exemplified such actions. Whether it be those who have been awarded the Gallant Conduct Medal, the Battalion/ Regimental Band for special performances, or those who have been inspired to write songs, poems, and hymns. The articles that follow will attempt to throw light on these moments and show what our beloved Brigade has instilled in its members and others since 1892.

Lord Kitchener once said to the Commandant of the C.L.B., "I do not look to the C.L.B. to find me soldiers—we can train soldiers at Caterham ... I did depend upon the C.L.B. to give me men who had the right character to be NCOs." This speaks to the character developed in C.L.B. lads that exemplified itself during the First World War and then further in civilian life. The acts performed by lads led the C.L.B. in England to set up an award system to honour such heroic deeds. As a result, the Gallant Conduct Cross (First Class/Gold) was established in 1933. This later became the Gallant Conduct Medal (First Class/Gold). Of special interest here is the fact that of the first five of these awards granted by National Headquarters, three were awarded to members of the Brigade here in Newfoundland in 1933. In later years, two more of these awards were bestowed on lads from here in the province. By April 23, 1980, the C.L.B. in Newfoundland became a registered non-profit organization and an incorporated body under the new Brigade Council. As such, it now became the local authority for issuing all C.L.B. special awards like the Gallant Conduct Medal. There has been a grand total of six recipients of this very

prestigious award up to this time in our long history. Below are brief outlines of the circumstances surrounding each of these.

On May 7, 1933, a new Church of England mission boat, the Ethel B., was ready for official launching in St. John's harbour with the Governor in attendance. A C.L.B. honour guard was there for the ceremony and included Cpl. Robert K. Hayward, who was also a crew member of the boat. The weather was rough and a fellow crew member, Frederick Miller, fell against the handrail and into the choppy waters of the harbour. Without hesitation, Cpl. Hayward dived into the rough waters in full uniform. Mr. Miller could not swim and sank to the bottom. Cpl. Hayward found him unconscious and brought him to the surface. Crew members of the schooner Francook launched a dory and pulled the two of them from the water. First Aid treatment and artificial resuscitation were administered quickly with no loss of life. Following this rescue, Cpl. Hayward was



presented with the Carnegie Hero Medal as well as a Roll of Honour Certificate from the Officer Commanding the C.L.B. He also received an honorary testament from the Royal Humane Society signed by King George V. Finally, in 1934, he received one of the first issues of the Brigade's new Gallant Conduct Medal.

1934 also witnessed two members of "N" Company in Grand Falls being honoured for their heroism. Both these lads, Pte. William Bartle and Pte. E. Brain, had saved lives from drowning. On February 16, 1934, they were both awarded the Gallant Conduct Medals.

The next award came about as a result of a swimming accident at Topsail Pond on August 4, 1958. Albert Whelan was swimming when he collapsed and sank to the bottom in about 10 to 12 feet of water. The CSM of St. Mary's Company was swimming there also. He quickly dived into the water and recovered his body. He applied artificial respiration to Albert, who was unconscious. He recovered and was moved to the General Hospital. Upon recommendation to National Headquarters, CSM Warrick Taylor was awarded the Gallant Conduct Medal. which was presented to him on April 26, 1959, by the Rt. Rev. J.A. Meaden,

Bishop of Newfoundland, with Albert Whelan in attendance. He was also presented with the St. John Ambulance Meritorious Certificate.

In October 1964, four-yearold Keith Rendell of Heart's Content slipped over a fifteenfoot snow-covered embankment into the ice-covered waters of the harbour. Pte. Arch Regular of "E" Company in Heart's Content was swift to react and jumped into the freezing water and got to the boy. He held him up while another C.L.B. lad ran for help. When help arrived, the young boy was brought to shore safely. A recommendation was made to National Headquarters and the Executive Committee unanimously granted the Gallant Conduct Medal to Pte. Regular. It was presented by Col. G. Sterling, Commanding Officer of the Newfoundland Regiment.

On March 12, 2009, Cougar Flight 491 crashed into the North Atlantic. It had been ferrying workers to the oil platforms on the Grand Banks. Upon arrival at the crash site, the emergency rescue team spotted one survivor in the rough seas. WO1 Ian Wheeler was quickly lowered down on a hoist into the turbulent waters. He secured the survivor to a lifeline and sent the man up in his own rescue sling while he remained in the water, untethered in 2 to 3-metre waves. He was soon hoisted back into the rescue chopper and assisted in administering oxygen and emergency First Aid, which saved Mr. Decker's life. As a result of this action, WO1 Ian Wheeler was awarded the Gallant Conduct Medal. He was also honoured with the Gold Life Saving Award from the St. John Ambulance.

There are two other lifesaving records within the ranks of the C.L.B. that are worthy of note. Unfortunately, there is no record of any commendation given for either of them. The first was recorded in St. John's on September 21, 1913. On that date, William Keats of "H" Company in Bay Roberts rescued a man from drowning in St. John's harbour. This occurred 20 years before the Gallant Conduct Medal was struck. The other occurred in Bay Roberts on October 13, 1938. A young lad, Wallace Snow, fell over the wharf while riding his bicycle. He fell into 20 feet of water. Pte. Angus Hall of "H" Company was successful in rescuing the boy. Pte. Hall was recommended for the Gallant Conduct Medal. but there is no record of it ever being awarded.

Floreat Semper C.L.B. 🤤

•••••••



# **Busy Days at St. Michael's**

#### A vibrant year of fun, service, and team spirit

### *By*: Craig Dyer, Captain St. Michael's Company

T's been a busy year for St. Michael's Company—and when you've got a great staff and energetic members, it's no surprise that things stay active! Thanks to the commitment of both leaders and youth, the Company has taken part in a wide range of activities that go well beyond the regular parade nights.

So far this year, our calendar has been packed with fun and meaningful events. We've celebrated with Halloween, birthday, and Christmas parties, and gathered for a bowling and darts night that was full of friendly competition. Members also enjoyed taking part in two cribbage tournaments, putting their strategy and concentration to the test.

The Company has proudly participated in both Anniversary and Remembrance Day parades, honouring our traditions and those who have served. Two camping trips gave our members a chance to connect with nature, practice their outdoor skills, and build lasting friendships.

We hosted an Open House, welcoming the community and sharing what makes St. Michael's such a special place. A tour of the C.L.B. archives helped bring our history to life, while recruitment drives have helped us grow our numbers and introduce new families to the C.L.B. experience.

A tour of the Fire Station gave members a look behind the scenes of one of our key community services, and a recent Fun Day brought plenty of smiles with games, team-building, and shared laughs.

We're proud of everything we've accomplished so far—and we're not finished yet! As the training year winds down, we're already making plans to finish strong and looking ahead with excitement to what's next for St. Michael's Company





# **The Great Bull Hunt 2024**

#### T.E.P.R. Stage - Clues, Challenges, and Quackers!

*By*: Michael Cooper, Captain Trinity East - Port Rexton Company

hree local teams—The Frog Unicorn, Heroes of Diabetics, and Dora and her Explorers—were released on the course at 10 a.m. with their clue sheets in hand. The course, stretching from English Harbour to Goose Cove, included 25 clue boxes, 9 hidden "Quackers," and a "Selfie Challenge" at each clue box!

Team The Frog Unicorn: Leave it to Rev. Sparkes' team to come up with the most unique name at any event! This team featured our Chaplain Rev. John Sparkes, his co-pilot Jacob Dewling (former C.L.B. member and pending staff), SC Joanasie Peter, JTC Cassidy Butler, and her brother Colden Butler. As with any event, our C.L.B. members fight to join Rev. John's team—and why, you ask? He's a bigger kid than the kids are! Then the kids try to out-do him! This team found some of the ducks, finishing with a total score of 92.

**Team Heroes of Diabetics:** An outstanding name for a meaningful reason—this team included recent Gallant Conduct Medal (silver) recipient LTC Brody Freeman, who wears a diabetic pump; his brother YTC Daniel Freeman; their mother CI (pending) Crystal Freeman; WO2 Sandra Cooper; and driver Alfred Pippy. They showed the world that even with diabetes, you can do big things. And they did! They collected all puzzle pieces a full 45 minutes before the next team. Although they found no ducks, their overall score was 85, and the experience—priceless!

Team Dora and Her Explorers: This team of powerhouse ladies—Dora Miller, Rosanne Toope, Michelle Rex Bailey, and Lisa Hart—was our invited team for the event. Their name says it all! To say they had a ball would be an understatement

**CONTINUED ON PAGE 31** 

30





#### Continued: The Great Bull Hunt 2024 (T.E.P.R. Stage)

(we couldn't even upload the pictures to Facebook without laughing at their antics!). They earned the highest score of 93, finding the single 3-point duck that made all the difference. They truly proved that The Great Bull Hunt is fun for everyone involved!

Our morning challenge was led by the Royal Canadian Legion Branch #37—"**The Unknown Soldier Challenge."** With help from our C.L.B. Archivist WO2 David Mercer (who provided detailed historical info), teams first answered questions about the Unknown Soldier—from his journey from France to the 820 Forget-me-nots placed with him (one for each Unknown NL Soldier). Then, teams rang the church bell 19 times—matching the number of cannon volleys fired on July 1—to honour him. Those who completed it received a Legion Challenge Coin! Huge thanks to Legion Branch #37 and President Roslyn Cooper.

Our afternoon challenge was presented by the Port Rexton Volunteer Fire Department—"Target Practice Challenge." Teams used a fire hose (on its lowest setting) to knock down pylons. This was a real eye-opener—no one realized just how powerful those hoses are! Each participant had a turn, with safety support from a fire department member. Many thanks to Fire Chief Geff Fowlow, Deputy Chief Lloyd Davis, and Junior Firefighter Morgan Ballett!

Thank you to everyone for an amazing day full of laughs, smiles, and of course, **FUN** 

# **Full Strength in Faith and Service**

#### Upper Island Cove Company Celebrates Community and Commitment

#### *By*: Nancy Lieff, Lt. Upper Island Cove Company

he 2024-2025 C.L.B. Training Year at Upper Island Cove Company #4547 began on a strong note. The registration process saw the return of two officers, an increase in youth membership, continued support from our Company Chaplain, and the appointment of a new Battalion Chaplain to support the family of companies Trinity Conception in the Battalion.

In keeping with the C.L.B.'s roots as a faith-based and parish-supported youth organization, September continued to build momentum with the ordination into sacred priesthood and induction service of both our Company and Battalion Chaplains. These two people are none other than Rev. Shirley Noseworthy and Rev. Aubrey Young, respectively. Rev. Shirley has been an exemplary Company Chaplain-sharing her time and energy attending parade nights and functions, serving hot dogs, teaching badges, and leading youth in our flagship hymn and anthem, Fight the Good Fight,

every chance she gets. Her excellent teaching skills and dedication are evident any time our youth attend a church parade just listen to the children sing.

Rev. Young, of course, grew up through the ranks of the C.L.B. as a former youth member of Upper Island Cove Company. He later served as Commanding Officer for a time and now, we are doubly blessed to have him "fight the good fight" as both the newly appointed Battalion Chaplain for Trinity Conception and as our parish's newest priest. On both special occasionsordination and induction-our company proudly supported chaplains by attending our their church services, joined by family, friends, colleagues, and Bishop Sam. Additional ministry of music was provided by Rev. Shirley and family, the St. Peter's Church Choir, and the U.I.C. Anglican Church Assistance Association (A.C.A.A.) Brass Band. Among the musicians, a few familiar faces could be seen-including one in a C.L.B. uniform playing brass.

On October 15, our company supported the Parish of Upper Island Cove in the annual Helping Hand Food Drive, held in two locations: St. Andrew's Church in Bryant's Cove and St. Peter's Church in U.I.C. With a strong turnout, our youth greeted donors, carried food into the churches, and sorted it for donation. They worked well as a team and learned that even as children, they can step up as leaders in the community-to "Be the Good." We hope they came away understanding another way to Fight the Good Fight, as many of the battles we face as a society-such as food insecurity-are fought within our borders and not always in uniform.

October is always a favourite time for C.L.B. members of all ages as we gathered at the 132nd Anniversary Parade at the C.L.B. Armoury and The Cathedral of St. John the Baptist. We paraded, prayed, and celebrated the legacy and contributions of

**CONTINUED ON PAGE 34** 





#### Continued: Full Strength in Faith and Service

Newfoundland and Labrador's oldest youth organization. As a new priest, Battalion Chaplain, and longtime member of the C.L.B., it was fitting that Rev. Young delivered the sermon. Standing in the pulpit before so many familiar comrades, he spoke about following the light of God along life's path. He added an experiential element to his sermon, shining several flashlights on the congregation to illustrate how, even when we feel lost in darkness, faith and hope will reveal a light to guide our way. Hearing this message from a C.L.B. comrade made the moment, and the parade, unforgettable.

Later in October, our company continued with C.L.B. programming and badgework by visiting the U.I.C. Firehall. There, LTC and YTC members enjoyed a hands-on educational session on fire safety and firefighting—and even had an exciting ride in a rescue vehicle! We capped off



#### Tim Crosbie www.timcrosbie.ca

www.nfldrealestate.com

the month with our Halloween party, featuring spooky games, a dance party with a local DJ, classic C.L.B. hot dogs, Halloween-themed baked treats, and a crowd-favourite sing-along of Johnny Appleseed—a tune that, of course, Rev. Shirley knows too!

As November rolled in, our company remained active in programming and community support. We participated in the Remembrance Day Assembly at St. Peter's School alongside the Royal Canadian Legion Branch #22, local Army Cadets, and Air Cadets. We proudly marched our Company Colours and performed The Last Post live on the glockenspiel. On Remembrance Day itself, we joined the Royal Canadian Legion's parade and reception, with music by the A.C.A.A. Brass Band. On November 17, we held our first Church Parade of the training year, where Lt. Wanda Crane received her well-deserved 15-year Long Service Award. Congratulations to Lt. Crane!

For all your Residential and Commercial Real Estate needs.

> 709 682-6609 timcrosbie@bellaliant.net

As we now enter the Christmas season-planning concerts, parties, and wrapping up our fall programming-it's important to pause and give thanks for the many gifts shared by our members, parish, and community. We are incredibly blessed in Upper Island Cove with strong support. In turn, we prioritize giving back—supporting our parish, St. Peter's School, and local organizations. These partnerships help create a safe, inclusive, and opportunity-rich environment for youth to thrive. This collaborative spirit has built a network of support where we grow together. No matter our numbers, we consider ourselves at full strength. May we all across the Brigade continue to nurture strong community ties and remain united in our mission.

From the youth and staff of Upper Island Cove Company: **Keep the flag flying** 



# Answering the Call: A Milestone in Ministry and Service

Col. Rev. Gail Dick Ordained After 30 Years of Devoted C.L.B. Leadership

*By*: Sheila Mercer, Colonel Governor and Commandant

ecember 1, 2024, marked yet another wonderful celebration in the history of The C.L.B. The Right Reverend Samuel Rose, our Regimental Chaplain, in his role as Bishop of Eastern Newfoundland and Labrador, had the pleasure of ordaining two individuals into the priesthood. During the beautiful service held at St. Augustine's Parish, Deacon Gail could not hold back her joy — or her tears - as she answered God's calling and was ordained as a priest in the Anglican Church.

Colonel Reverend Gail Dick has been a dedicated member of The C.L.B. for 30 years, dating back to 1995 when her son Andrew was a member of N.L.C.C. Polynia. Rev. Gail has served in many roles within The C.L.B., beginning as a parent volunteer and going on to serve as a Company Commander, President of the Avalon Battalion Officers' Mess, Regimental Commander, and most recently, Governor and Commandant — just to name a few.

Rev. Gail says one of the proudest moments of her C.L.B. career was when her dream of taking a group of C.L.B. youth to Belize became a reality. There, they assisted in building a school and provided much-needed school supplies to local children. She describes this mission as life-changing — not only for the children of Belize but also for the youth and officers of The C.L.B. who took part.

Today, Col. Rev. Dick continues her involvement with The C.L.B. as the Assistant Avalon Battalion Chaplain, while also serving the parishioners of the Cathedral of St. John the Baptist as Vicar Pastoral.

On behalf of all members of The C.L.B., we offer our sincere congratulations to Colonel Reverend Dick, who continues to show us what it means to **Be the Good** 



# **Winter with Purpose**

#### Skates, Snow, and Service

### *By*: Wayne Young, Captain Foxtrap/Upper Gullies Company

ur members continue to be very busy with Company activities and various Battalion events. We are also regularly called upon to attend functions with community groups and organizations, in addition to our outdoor fun and experiences.

We assisted with the Chuck-a-Puck fundraiser in support of the local food bank and went caroling at a local retirement home. The Company held its Christmas party with a visit from Santa. We also attended the Battalion bowling party and dart game.

Senior members took part in a winter tent overnight weekend

in January. They arrived at the campsite on Saturday morning with a fresh snowfall covering the trees and ground. After setting up camp, they had a quick lunch and went ice fishing. The trek through the woods was picture perfect—a better day could not have been asked for, with clear skies and cool temperatures. The warm tent in the middle of winter was a great hit. Later that evening, they enjoyed a campfire.

Keeping with the winter fun, we all went skating at the CBS outdoor rink. The night turned out to be perfect, topped off with hot chocolate and Timbits after a busy skate. The Ground Search & Rescue Organization visited to teach the JTC and Seniors all about snowmobile safety, cold water exposure, hypothermia, getting lost, trail rules, and much more.

Members of the JTC went bowling, while the LTC and YTC made Rice Krispie squares to complete their cooking badge.

We still have a lot to do as our C.L.B. year draws to a close. We're hoping to participate in the Spring Parade and, of course, to have a strong attendance at camp. Until we see you all again—**keep the C.L.B. strong** 

36

Bugle





# **Giving Back, Growing Forward**

#### Celebrating 112 years of commitment to community

*By*: Michael Cooper, Captain Trinity East - Port Rexton Company

s of September 4, 2024, the Trinity East-Port Rexton C.L.B. Company has been active for 112 years! If you travel out to Trinity Bight, you'll see the C.L.B. crest in many places—we're heavily involved not only in Trinity Bight but across the entire Bonavista Peninsula.

For the history buffs, you can find C.L.B. connections throughout the area: the former Trinity Summer Camp location, the ruins of our old Armoury, and C.L.B. uniforms and information in museums in both Trinity and Port Rexton. Our archives are also proudly housed in the Lester Garland Building in Trinity. As for current programs and projects, just follow our Facebook page—or keep your eyes out for the C.L.B. logo!

#### **Community Gardens**

In April 2024, our Company took over management of the long-abandoned Community Gardens in Port Rexton. With help from the Eastern Regional Wellness Coalition, Bishop White All-Grade School, and the Vista Family Resource Centre, we restored the 10 raised beds into a youth teaching garden.

We're now growing beans, peas, carrots, turnip, zucchini, and more. Once harvested, these vegetables will be donated to school lunch programs, food banks, and senior programs across the region. We're also planning to expand with a small greenhouse and support in-school growing projects using surplus seeds and grow lights at the school.

Little Free Pantry Project Food insecurity is a growing concern, especially in rural Newfoundland and Labrador. To address this, our Company combined the Upcycling and Carpentry badges to build three Little Free Pantries with support from local carpenters.

Two pantries are located in Port Rexton (next to the Fire Hall and in Champney's Arm), and a

CONTINUED ON PAGE 39





#### Celebrating 112 years of commitment to community

third is outside Union House Arts in Port Union. Since launching in May, the pantries have been consistently stocked and have even helped reduce demand on the local food bank.

Thanks to strong community partnerships—including the food bank, Lions Club, and others this project has grown into a regional support network. We've now received requests to build four more pantries in Trinity, Bonavista, and Port Union, and to share the program model with other communities!

Physical Literacy for Communities (PL4C) Port Rexton is the first community in Newfoundland and Labrador to join the PL4C program, and our C.L.B. Company is a proud partner. This initiative promotes physical activity and healthy living.

We've supported ski days, bike safety courses, training for coaches and teachers, and hosted a number of physical activity events. We've also created our own Physical Literacy and Healthy Living badge programs using PL4C resources.

In addition to these major initiatives, our Company continues to give back through:

- Supporting Port Rexton Pride events
- Community clean-ups
- Free community breakfasts

- Serving senior suppers with the Lions Club
- Honouring veterans through programs like Bells of Peace and writing cards to active service members
- Participating in events with the 50+ Club
- Helping with Salvation Army kettle drives, toy and food drives, and holiday hampers

Thanks to our amazing community partners (you know who you are!), these are just some of the ways we **Be the Good** while we **Fight the Good Fight** 



# All In, All Heart

Bay Roberts CLB shows how a small group can make a big difference

*By*: Karen Dawe, Captain Bay Roberts Company

B ay Roberts Company is still very active with their badge work, drill, and PT programs. We made Christmas tree decorations and had our annual visit from Santa.

The YTC section held a show and tell, made cookies, attended a movie night, cooked Kraft Dinner with wieners, and loved playing with the drums. They learned all the aspects of cooking the KD—from reading the ingredients for anyone with allergies, to cooking, preparing the table, and cleaning up afterwards. To our surprise, they liked the cleaning up part the best!

On Valentine's Day, we made cards for all the seniors in one of the retirement homes in our area. All sections held a shoe shining night, learned how to tie their ties, and attended sports nights.

The JTC and SC Corps sections continue to work on their own while also getting together with other companies in our Battalion for drill (foot) and PT. They had lots of help from Rev'd Christine with their Christian Knowledge and Church Duty badges. Everyone attended a session with the Bay Roberts Wolverines Search and Rescue, where they were taught what to do if they ever get lost. They also got a hands-on look at the equipment and techniques used in a rescue. These men were former members of Bay Roberts Company CLB, so they were more than willing to accommodate our group.

We have a small but dedicated group of CLB members so let's **Keep the Flag Flying** for them





20

### COMPLIMENTS OF BROWNING HARVEY LTD.

pepsi



### Fighting the Good Fight: Beyond the Brigade

### *By*: Michael Cooper, Captain Trinity East - Port Rexton Company

n December, the RCMP shared a touching story on Facebook from a grateful resident of Greenspond. Her message describes an act of kindness and professionalism that truly embodies the C.L.B. spirit of service—even beyond the uniform.

"It was Nov 24, 2022. I had just had day surgery in Gander. A sudden snowstorm came up while my husband and I were driving home to Greenspond. We went off the road and became stranded, with no cell coverage. My brother reported us missing.

Some hours later, Constable Gilbert Hiscock of the New-Wes-Valley RCMP Detachment found us. The road to our town was impassable. Constable Hiscock took us to his home, where he and his wife welcomed us with such kindness offering tea, light snacks, and a room for the night.

We were safe and warm, which was especially appreciated given my physical condition. Their kindness made us feel truly at home. We are so appreciative that the Constable went above and beyond for us."

In recognition of his actions, Constable Hiscock was presented with the Commissioner's Challenge Coin by the RCMP Commanding Officer—a rare honour given to those who demonstrate exceptional service.

What makes this story even more meaningful to us at The C.L.B. is that Constable Hiscock is one of our own. He is a former officer of the Trinity East–Port Rexton C.L.B. Company (CLB #17303), and although he now wears a different uniform, he continues to live out the values he learned during his time with the Brigade.

As Captain Michael Cooper noted in the RCMP's post:

"He still Fights the Good Fight, just in a different uniform these days."



#### Brian Malone, Environmental Coordinator, St. John's

Brian and our employees are making powerful connections to the places we call home. Our employees are the faces you'll see lending a helping hand and supporting our community partners at events that tie the people of our province together and make our communities stronger. We believe that by giving back, we are making a meaningful difference in the lives of others.

We are proud to support The Church Lads Brigade.

**NEWFOUNDLANDPOWER.COM** 

WHENEVER. WHEREVER. We'll be there.



